

# Community Education

Colby School District

Winter/Spring 2017

## Water Aerobics

An excellent opportunity for individuals to stretch, tone the muscles and improve the body's aerobic system! Water creates resistance which makes you work hard, yet supports the body preventing those aches and pains from exercising on dry land. No swimming skill is required. You do not need to get your face or hair wet.

Dates: First Session (16 Classes)

Mon., Jan. 16, 23, 30; Feb. 6, 13, 20, 27; March 6

Wed., Jan. 18, 25; Feb. 1, 8, 15, 22; March 1, 8

Time: 7:30 - 8:30 PM

Dates: Second Session (8 Classes)

Mon., March 13, 20, 27; April 3

Wed., March 15, 22, 29; April 5

Location: Colby High School Pool

Time: 6:30 - 7:30 PM

Fee: \$40 for BOTH 1<sup>st</sup> and 2<sup>nd</sup> Sessions

\$32.00 for First Session; \$16 for Second Session

Registration Deadline: January 9 for First Session

March 10 for Second Session

Instructor: Ms. Monica Tesmer

## Parent/Tot Swim

Enjoy time with your toddler in the relaxation of the pool.

Instructor will work to get child acquainted to the water.

Dates: Mon., Jan. 16, 23, 30; Feb. 6, 13, 20, 27; March 6

Time: 5:00 - 5:30 PM

Location: Colby High School Pool

Fee: \$25.00 for 8 lessons

Registration Deadline: January 9

(Limit 25 students/class)

Instructor: Ms. Monica Tesmer

## Open Swim

Take a night off to relax with the family and enjoy a good "float". Bring your flotation devices and enjoy time splashing with the family. Children MUST be accompanied by an adult/parent in the water. PRE-REGISTRATION IS REQUIRED.

Dates: Mon., Jan. 16, 23, 30; Feb. 6, 13, 20, 27; March 6

Time: 6:30 - 7:30 PM

Location: Colby High School Pool

Fee: \$10.00 Single Pass (Preschool and under FREE)

\$20.00 Family Pass (all 8 sessions)

Registration Deadline: January 9

Instructor: Ms. Monica Tesmer

**[CLICK HERE FOR  
REGISTRATION FORM](#)**

## Swimming Lessons

This program is designed for young children with limited swimming ability who are at least 42 inches tall. Children will be placed together according to ability. Lessons will be limited to 25 students per session. Registration will be on a first come, first serve basis. The Colby pool staff is fully certified with CPR, First Aid, Lifeguard Training, and as Water Safety Instructors or Assistants. Students will be tested on the first day of lessons and placed in their appropriate levels.

Dates: Mon., Jan. 16, 23, 30; Feb. 6, 13, 20, 27; March 6

Time: 5:45 - 6:30 PM

Dates: Wed., Jan. 18, 25; Feb. 1, 8, 15, 22; March 1, 8

Time: 5:30 - 6:15 PM OR 6:30 - 7:15 PM

Location: Colby High School Pool

Fee: \$30.00 for 8 lessons

(\$20 for 2nd, 3rd, 4th child - **SAME FAMILY**)

Registration Deadline: January 9 (Limit 25 students/class)

Instructor: Ms. Monica Tesmer

## Ceramics & Sculpture

This class will focus on techniques of working with clay including hand-building methods and the potter's wheel. It will also focus on building skills from very basic projects progressing to very advanced skills and projects. Includes supplies for three clay projects.

Dates: Wed., Jan. 11, 18, 25; Feb. 1, 8, 15; March 1, 8

Time: 6:00 - 8:30 PM

Location: Colby High School Art Room

Fee: \$35.00 (Maximum of 15 Enrollees)

Registration Deadline: January 6

Instructor: Mr. Jon Kleinschmidt, Art Instructor

## Walk for Your Life!

Interested in staying fit? The Colby High School and Middle School are available for people interested in walking in a climate-controlled environment. The schools are available for walking every day school is in session. Hours: 6:30 - 7:45 AM and 3:45 - 5:30 PM

### **WEATHER CANCELLATIONS**

*If school is cancelled due to bad weather, all buildings will be closed that same evening. If school is in session, generally evening programs will run. All cancellations will be posted on the District website at [www.colby.k12.wi.us](http://www.colby.k12.wi.us) and broadcast on 99.3 FM.*