

# Community Education

Colby School District

Winter/Spring 2014

## Water Aerobics

An excellent opportunity for individuals to stretch, tone the muscles and improve the body's aerobic system! Water creates resistance which makes you work hard, yet supports the body preventing those aches and pains from exercising on dry land. No swimming skill is required. You do not need to get your face or hair wet.

Dates: First Session (16 classes)

### **Mondays & Wednesdays**

Mon., Jan. 20, 27; Feb. 3, 10, 17, 24; March 3, 10  
Wed., Jan. 22, 29; Feb. 5, 12, 19, 26; March 5, 12

Time: Mon. 7:30 - 8:30 PM; Wed. 7:30 - 8:30 PM

Dates: Second Session (8 classes)

### **Mondays & Wednesdays**

Mon., Mar. 17, 24; April 7, 14  
Wed. Mar. 19, 26; April 2, 9

Time: 6:00 - 7:00 PM

Location: Colby High School Pool

Fee: \$40.00 for BOTH 1st & 2nd Sessions

\$32.00 for First Session, \$16.00 for Second Session

Registration Deadline: January 8 for 1st Session

March 14 for 2nd Session

Instructor: Ms. Monica Tesmer

## Parent/Tot Swim

Enjoy time with your toddler in the relaxation of the pool. Instructor will work to get child acquainted to the water.

Dates: Mon., Jan. 20, 27; Feb. 3, 10, 17, 24; March 3, 10

Time: 5:00 - 5:30 PM

Location: Colby High School Pool

Fee: \$25.00 for all 8 lessons

Registration Deadline: January 8

Instructor: Ms. Monica Tesmer

## Open Swim

Take a night off to relax with the family and enjoy a good "float". Bring your flotation devices and enjoy time splashing with the family. Children MUST be accompanied by an adult/parent in the water. PRE-REGISTRATION IS REQUIRED.

Dates: Mon., Jan. 20, 27; Feb. 3, 10, 17, 24; March 3, 10

Time: 6:30 - 7:30 PM

Location: Colby High School Pool

Fee: \$10.00 Single Pass (Preschool and under FREE)

\$20.00 Family Pass (all 8 sessions)

Registration Deadline: January 8

Open swim will be cancelled if low registration.

## Swimming Lessons

This program is designed for young children with limited swimming ability who are at least 42 inches tall. Children will be placed together according to ability. Lessons will be limited to 20 students per session. Registration will be on a first come, first serve basis. The Colby pool staff is fully certified with CPR, First Aid, Lifeguard Training, and as Water Safety Instructors or Assistants. Students will be tested on the first day of lessons and placed in their appropriate levels.

Dates: Mon., Jan. 20, 27; Feb. 3, 10, 17, 24; March 3, 10

Time: 5:45 - 6:30 PM

Fee: \$30.00 for all 8 lessons (\$20.00 for 2nd, 3rd, 4th child)

Dates: Wed., Jan. 22, 29; Feb. 5, 12, 19, 26; March 5, 12

Time: 5:30 - 6:15 PM or 6:30 - 7:15 PM

Location: Colby High School Pool

Fee: \$30.00 for all 8 lessons (\$20.00 for 2nd, 3rd, 4th child)

Registration Deadline: Jan. 8 (Limit 25 students per session)

Instructor: Ms. Monica Tesmer

## Becoming A Love and Logic Parent<sup>®</sup>

A parent training program designed by the Love and Logic<sup>®</sup> Institute, Inc.

Would you like to feel more confident as a parent? Would you like to have more fun parenting? Would you like to feel more relaxed at the end of the day? This program in parenting will address these questions and many other day-to-day frustrations. The Becoming a Love and Logic Parent program is designed to give you practical, easy-to-use techniques that can be used immediately to help you raise responsible children.

Dates: Tuesdays, Feb. 25; Mar. 4, 11, 18

Time: 6:30 - 8:00 PM

Location: Colby Elementary, Room 116

Fee: \$10.00

Registration Deadline: Feb. 7 (Maximum of 10 Enrollees)

Instructor: Ms. Donna Schmidt

## WEATHER CANCELLATIONS

*If school is cancelled due to bad weather, all buildings will be closed that same evening. If school is in session, generally evening programs will run. All cancellations will be posted on the District website at [www.colby.k12.wi.us](http://www.colby.k12.wi.us) and broadcast on 99.3 FM.*

## Knitting For Beginners

Have fun while you learn the basics of two needle knitting. You will learn the following stitches: stockinette, garter, seed and ribbing, starting and ending projects, reading a pattern and regulating tension. Once the stitches are mastered, you can choose a scarf, dishcloth, or another project to complete.

Dates: Tuesdays, Jan. 21, 28; Feb. 4, 11, 18, 25

Time: 5:30 - 7:00 PM

Location: Colby Middle School Library

Materials to bring to first class ✦

Fee: \$18.00 (Maximum of 10 Students)

Registration Deadline: January 15

Instructor: Ms. Karen Thell

- ✦ 1 pair of straight knitting needles in size 7, 8, 9, or 10
- 1 skein of yarn – worsted weight (medium, 4) (for practice)
- 1 pair of knitting needle protectors
- Tape Measure or Ruler
- Scissors

Additional materials needed and yarn for your project will be discussed when you choose the project you wish to make.

## Knitting Next (Two Needle Knitting)

If you know how to knit the basic stitches (learned in Beginning Knitting), you can join us in learning how to increase and decrease stitches, new stitches (yarn over, slip stitch, cable and more), fixing mistakes and finishing projects. In this class you may choose what items you wish to knit.

Dates: Tuesdays, March 11, 18, 25; April. 1, 8, 15

Time: 5:30 - 7:00 PM

Location: Colby Middle School Library

Materials to bring to first class ✦

Fee: \$18.00 (Maximum of 12 Students)

Registration Deadline: March 1

Instructor: Ms. Karen Thell

- ✦ 1 pair of straight knitting needles in size 7, 8, 9, or 10
- 1 skein of yarn – worsted weight (medium, 4) (for practice)
- 1 pair of knitting needle protectors
- Tape Measure or Ruler
- Scissors

Additional materials needed and yarn for your project will be discussed when you choose the project you wish to make.

## Ceramics & Sculpture

This class will focus on techniques of working with clay including hand-building methods and the potter's wheel. It will also focus on building skills from very basic projects progressing to very advanced skills and projects. Includes supplies for three clay projects.

Dates: Wed., Jan. 15, 22, 29; Feb. 5, 12, 19, 26; March 5

Time: 6:00 - 8:30 PM

Location: Colby High School Art Room

Fee: \$30.00 (Maximum of 15 Enrollees)

Registration Deadline: January 10

Instructor: Mr. Jon Kleinschmidt, Art Instructor

## Technology Savvy for Adults-- Digital Files to Usable Products

Students will explore how to use technology to create products using digital photos and videos. Some objects that will be made are mouse pads, puzzles, t-shirts, posters, videos, Powerpoints, vinyl signs, and Photoshop pictures. Students will be learning how to create these items with the help of the instructor and the web. Basic computer skills are required. Students should bring in about 10 photos the first night of class. Includes materials except t-shirts.

Dates: Tues., Feb. 25; March 4, 11, 18

Time: 6:00 - 8:00 PM

Location: Colby High School Room 215

Fee: \$25.00 (Maximum of 16 Enrollees)

Registration Deadline: February 14

Instructor: Mr. James Weideman, Tech Ed Instructor

## Exploring Internet & Email

This course explains how to use the internet and email efficiently. Learn how to utilize search engines (such as Google, Yahoo, and Bing) and how to effectively search items on the internet. Discover all the functions and tools that email has to offer, including sending and receiving emails, managing an address book, view and send file attachments, and options for sending emails. The fundamentals of this class can be used in Microsoft Outlook Express, Yahoo Mail, Hotmail, and many more email servers.

Dates: Wednesday, March 12

Time: 6:00 - 8:30 PM

Location: CHS Computer Lab, Room 302

Fee: \$10.00 (Maximum of 15 Enrollees)

Registration Deadline: March 5

Instructor: Mr. Jesse Meddaugh

## Social Networking 101

This course is designed to teach how to use the new tools in social media with a focus on best and efficient use. Learn how to set up an account on Facebook or how to use a preexisting account. Discover the do's and don'ts of Facebook, how to set and use your privacy settings, manage friends, and how to upload pictures. Take this opportunity to see what social networking and Facebook is all about.

Date: Wednesday, March 26

Time: 6:00 - 8:30 PM

Location: CHS Computer Lab, Room 302

Fee: \$10.00 (Maximum of 15 Enrollees)

Registration Deadline: March 19

Instructor: Mr. Jesse Meddaugh

## College Matters

College preparation is complex. How can you help provide for your child's education without sacrificing your retirement savings or overburdening your child with debt? Learn about ways to:

- Avoid costly mistakes when selecting a college.
- Help save money by using admission and academic strategies.
- Discover college funding resources.

Dates: January 13 **OR** January 16 **OR** January 20  
**(CHOOSE ONE DATE)**

Time: 7:00 - 8:30 PM

Location: Colby Middle School Library

Fee: FREE

Registration Deadline: January 9

Instructor: Mr. Bryce Kelley, Thrivent Financial Associate



## Social Security: Strategize to Maximize

When should I apply for Social Security?

How can I maximize my benefits?

How will my spouse be affected?

Mistakes involving Social Security can be costly, but we can provide the guidance you need. This class will help you sort through your questions and help ensure the choices you make are tailored to your needs.

Dates: February 10 **OR** February 13 **OR** February 20  
**(CHOOSE ONE DATE)**

Time: 6:00 - 7:30 PM

Location: Colby Middle School Library

Fee: FREE

Registration Deadline: January 31

Instructor: Mr. Bryce Kelley, Thrivent Financial Associate

## Retire With Confidence

Will I have enough to retire?

Could I outlive my retirement income?

Are my assets protected?

This class addresses six key risks that retirees face, including outliving your income and rising health care costs. You will learn how to turn your retirement concerns into confidence.

Date: March 4 **OR** March 11 **OR** March 20  
**(CHOOSE ONE DATE)**

Time: 6:00 - 7:30 PM

Location: Colby Middle School Library

Fee: FREE

Registration Deadline: February 21

Instructor: Mr. Bryce Kelley, Thrivent Financial Associate

## Walk for your life!

Interested in staying fit? The Colby High School and Middle School are available for people interested in walking in a climate-controlled environment. The schools are available for walking every day school is in session.

Hours: 6:30 - 7:45 AM and 3:45 - 5:30 PM

## American Red Cross Babysitting Training

The Red Cross Babysitter's Training Course gives area young people the safety skills and confidence to be great babysitters. Each year, the Red Cross trains and certifies more than 121,000 sitters nationwide. Certified babysitters learn leadership skills, basic care, accident prevention techniques, and first aid procedures that can save a child's life. The course is recommended for youth 11-15 years of age. Upon successful completion of the course, each participant will earn their American Red Cross Babysitting Certificate and pin. Participant is encouraged to bring a sack lunch and beverage.

Date: Saturday, April 5

Time: 8:00 AM - 3:30 PM

Location: Colby Middle School Library

Fee: \$95.00 (Maximum of 12 students)

Registration Deadline: March 5

Instructor: Red Cross Certified Instructor



## iPad Intro

Join us for an introduction to the basics of Ipad/iPad 2 navigation and utilization. Learn ways to maximize your productivity and personal enjoyment with email, the Web, apps, calendars and address book contacts, reading books & magazines, downloading & watching TV show apps, movies, news, listening to music, viewing & sharing your photos and so much more! Please bring your iPad/iPad 2 with you.

Date: Wednesday, April 16

Time: 6:00 - 8:30 PM

Location: CHS Computer Lab, Room 302

Fee: \$10.00

Registration Deadline: March 26

Instructor: Mr. Jesse Meddaugh

***We are always looking for new ideas and/or instructors! Please contact Kristen Seifert at 715-223-2301, ext. 2 or kseifert@colby.k12.wi.us with any suggestions of classes you would like to see offered or if you are interested in leading a class!***

## English as a Second Language

Greetings English learners! This course is open to everyone interested in learning to speak English! The class will provide learners with the opportunity to develop basic communication skills in the English language within a pleasant and interactive environment. Some of the language topics include: "Around Town," "Shopping," "Daily Living," etc... Sign up as soon as possible and feel free to bring a friend or two!

Dates: Tuesdays & Thursdays, February 4 – April 3 (No class March 6)

Time: 6:00 - 7:30 PM

Location: Colby High School, Room #207

Fee: \$10.00

**Registration: Register for this class by contacting Cody Meyers at 715-223-2338 ext. 134.**

Instructor: Mr. Cody Meyers

## Inglés como Segunda Lengua

Saludos todos los aprendices del idioma de inglés. Este curso está abierto a todos los que están interesados en aprender a hablar inglés. Esta clase les brinda a los aprendices la oportunidad de desarrollar sus habilidades comunicativas en inglés dentro de un ambiente agradable e interactivo. Algunos de los temas de lenguaje incluyen: "Alrededor de la comunidad," "Ir de compras," "La vida diaria," etc... Inscríbese lo más pronto posible y siéntase libre de llevar a amigos!

Las Fechas: Los Martes y Jueves, 4 de Febrero – 3 de Abril (No hay clase el 6 de Marzo)

Las horas: 6:00 - 7:30 PM

Ubicación: Escuela Superior de Colby en el cuarto # 207

Costo: \$10.00

**Inscripción: Inscríbese en la clase comunicándose con Cody Meyers al 715-223-2338 ext. 134.**

Instructor: Mr. Cody Meyers

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# COLBY COMMUNITY EDUCATION - REGISTRATION FORM

Name: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Payment MUST accompany this registration form and be paid in full before beginning of class.

### CLASSES:

Class \_\_\_\_\_ Cost \_\_\_\_\_

Student Name: \_\_\_\_\_ Date/Time \_\_\_\_\_

Class \_\_\_\_\_ Cost \_\_\_\_\_

Student Name: \_\_\_\_\_ Date/Time \_\_\_\_\_

Class \_\_\_\_\_ Cost \_\_\_\_\_

Student Name: \_\_\_\_\_ Date/Time \_\_\_\_\_

Class \_\_\_\_\_ Cost \_\_\_\_\_

Student Name: \_\_\_\_\_ Date/Time \_\_\_\_\_

Class \_\_\_\_\_ Cost \_\_\_\_\_

Student Name: \_\_\_\_\_ Date/Time \_\_\_\_\_

SCHOOL DISTRICT OF COLBY  
P.O. Box 139  
Colby, WI 54421

NON-PROFIT  
ORGANIZATION  
U.S. POSTAGE  
PAID  
COLBY, WI 54421  
Permit No. 6

ECRWSS  
Carrier Pre-sort  
Box Holder

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**Catalog and enrollment form available on website – [www.colby.k12.wi.us](http://www.colby.k12.wi.us)**

***Classes taught in English – no translation available.***

***Reminder that children are not allowed to be brought along to classes.***

Payment **MUST** accompany the registration form and be paid in full. Cash or checks will be accepted. Please deliver or mail the registration form to:

Colby Community Education  
CDEC  
505 West Spence Street  
PO Box 139  
Colby, WI 54421

For further information about classes or schedules, please contact Kristen Seifert at the Colby District Education Center, 715-223-2301, ext. 2 or email at [kseifert@colby.k12.wi.us](mailto:kseifert@colby.k12.wi.us).

***We are always looking for new ideas and/or instructors! Please contact Kristen Seifert at 715-223-2301, ext. 2 or [kseifert@colby.k12.wi.us](mailto:kseifert@colby.k12.wi.us) with any suggestions of classes you would like to see offered or if you are interested in leading a class!***

***CONFIRMATION:*** Due to time and expense, **we do not confirm classes going.** Assume your registration is confirmed and the class will meet as scheduled if you have submitted your registration form and fees. You **WILL** be notified if a class is filled or cancelled.

***PRE-REGISTRATION:*** **Pre-registration is most important. Lack of registrations will cause the class to be cancelled one week prior to the beginning. This also pertains to all pool activities.**

***CANCELLATIONS:*** No class will be conducted without sufficient registrations. When maximum capacity has been reached for any class, registration for the class will be closed.

***WEATHER CANCELLATIONS:*** If school is cancelled due to bad weather, all buildings will be closed that same evening. If school is in session, generally evening programs will run. **All cancellations will be posted on the District website at [www.colby.k12.wi.us](http://www.colby.k12.wi.us) and broadcast on 99.3 FM.**

***REFUND POLICY:*** If after pre-registering, it is necessary for you to cancel, notify Kristen Seifert no less than three days before the beginning of class, and your fee will be refunded in full.