

# *Community Education*

Colby School District

Fall 2016

## *Water Aerobics*

An excellent opportunity for individuals to stretch, tone the muscles and improve the body's aerobic system! Water creates resistance which makes you work hard, yet supports the body preventing those aches and pains from exercising on dry land. No swimming skill is required. You do not need to get your face or hair wet.

Dates: Wed., Sept. 14, 21, 28; Oct. 5, 12, 19, 26; Nov. 2

Time: 7:30 - 8:30 PM

Location: Colby High School Pool

Fee: \$25.00 for 8 Classes

Registration Deadline: September 12

Instructor: Ms. Monica Tesmer

## *Swimming Lessons*

This program is designed for young children with limited swimming ability who are at least 42 inches tall. Children will be placed together according to ability. Lessons will be limited to 25 students per session. Registration will be on a first come, first serve basis. The Colby pool staff is fully certified with CPR, First Aid, Lifeguard Training, and as Water Safety Instructors or Assistants. Students will be tested on the first day of lessons and placed in their appropriate levels.

Dates: Wed., Sept. 14, 21, 28; Oct. 5, 12, 19, 26; Nov. 2

Time: 5:45 - 6:30 PM OR 6:45 - 7:30 PM

Location: Colby High School Pool

Fee: \$30.00 for 8 lessons

(\$20 for 2nd, 3rd, 4th child - **SAME FAMILY**)

Registration Deadline: September 12 (Limit 25 students/class)

Instructor: Ms. Monica Tesmer

## *Ceramics & Sculpture*

This class will focus on techniques of working with clay including hand-building methods and the potter's wheel. It will also focus on building skills from very basic projects progressing to very advanced skills and projects. Includes supplies for three clay projects.

Dates: Wed., Oct. 19, 26; Nov. 2, 9, 16, 30; Dec. 7, 14

Time: 6:00 - 8:30 PM

Location: Colby High School Art Room

Fee: \$35.00 (Maximum of 15 Enrollees)

Registration Deadline: October 12

Instructor: Mr. Jon Kleinschmidt, Art Instructor

## *Retire Wisely*

Manage six key risks all retirees face: Outliving their income, inflation, unpredictable events, market volatility, income taxes and rising healthcare costs. Presentation will also touch on Social Security as a source of retirement income. Turn retirement concerns into confidence.

Dates: October 26, November 2 **OR** November 9

Time: 6:00 - 8:00 PM

Location: Colby Middle School Library

Fee: FREE

Registration Deadline: October 21

Instructor: Mr. Bryce Kelley, FIC

## *Walk for Your Life!*

Interested in staying fit? The Colby High School and Middle School are available for people interested in walking in a climate-controlled environment. The schools are available for walking every day school is in session. Hours: 6:30 - 7:45 AM and 3:45 - 5:30 PM

**CLICK HERE FOR  
REGISTRATION FORM**

### ***WEATHER CANCELLATIONS***

*If school is cancelled due to bad weather, all buildings will be closed that same evening. If school is in session, generally evening programs will run. All cancellations will be posted on the District website at [www.colby.k12.wi.us](http://www.colby.k12.wi.us) and broadcast on 99.3 FM.*