

Community Education Classes

SWIM LESSONS

This program is designed for young children with limited swimming ability who are at least 42 inches tall. Children will be placed together according to ability. Registration will be on a first come, first serve basis. The Colby pool staff is fully certified with CPR, First Aid, Lifeguard Training, and as Water Safety Instructors or Assistants. Students will be tested on the first day of lessons and placed in their appropriate levels.

Dates: **Mon.**, Sept. 14, 21, 28; Oct. 5, 12, 19, 26; Nov. 2

Time: 6:00 - 6:45 PM

Instructor: Ms. Brooke Tesmer

OR

Dates: **Wed.**, Sept. 16, 23, 30; Oct. 7, 14, 21, 28; Nov. 4

Time: 5:45 - 6:30 PM **OR** 6:45 - 7:30 PM

Instructor: Mrs. Monica Tesmer

Location: Colby High School Pool

Fee: \$35.00 for 8 lessons

(\$20 for 2nd, 3rd, 4th child - **SAME FAMILY**)

Registration Deadline: September 5

(Limit 25 students/class)

WATER AEROBICS

An excellent opportunity for individuals to stretch, tone the muscles and improve the body's aerobic system! Water creates resistance which makes you work hard, yet supports the body preventing those aches and pains from exercising on dry land. No swimming skill is required. You do not need to get your face or hair wet.

Dates: Wed., Sept. 16, 23, 30; Oct. 7, 14, 21, 28; Nov. 4

Time: 7:30 - 8:30 PM

Instructor: Mrs. Monica Tesmer

Location: Colby High School Pool

Fee: \$25.00 for ALL Classes

Registration Deadline: September 5

***Senior citizens of the District,
65 years of age or older, are allowed to
participate without cost.**

Enroll Today!

[CLICK HERE TO REGISTER](#)

Community Education Classes

OPEN SWIM / LAP SWIM (FREE)

Take a night off to relax with the family and enjoy a good “float”. Bring your flotation devices and enjoy time splashing with the family. Children **MUST** be accompanied by an adult/parent in the water.

PRE-REGISTRATION IS REQUIRED.

Dates: Mon., Sept. 14, 21, 28; Oct. 5, 12, 19, 26; Nov. 2

Time: 6:45 - 7:45 PM

Location: Colby High School Pool

WALK FOR LIFE!

Interested in staying fit? The Colby High School and Middle School are available for people interested in walking in a climate-controlled environment. The schools are available for walking every day school is in session.

Hours: 6:30 - 7:45 AM and 3:45 - 5:30 PM

(REGISTRATION NOT REQUIRED)

REGISTRATION

CLICK HERE TO REGISTER

Payment MUST be delivered to:

Colby School District

Kristen Seifert

PO Box 110

Colby, WI 54421

or

District Office (Door #19 @ High School)

All payments must include the student's name and be received before the start of class, or the student will not be able to participate.

****WEATHER CANCELLATIONS****

If school is cancelled or released early due to bad weather, all buildings will be closed that same evening. If school is in session, generally evening programs will run.

All cancellations will be sent out via the school app, posted on Facebook and on the District website at www.colby.k12.wi.us.

For more information please contact Kristen Seifert:

kseifert@colby.k12.wi.us or
715-223-2301

Enroll Today!

CLICK HERE TO REGISTER