

# Community Education

Colby School District

Winter/Spring 2012

## Water Aerobics

An excellent opportunity for individuals to stretch, tone the muscles and improve the body's aerobic system! Water creates resistance which makes you work hard, yet supports the body preventing those aches and pains from exercising on dry land. No swimming skill is required. You do not need to get your face or hair wet.

Dates: First Session (16 classes)

### **Mondays & Wednesdays**

Mon., Jan. 16, 23, 30; Feb. 6, 13, 20, 27; Mar. 5  
Wed., Jan. 18, 25; Feb. 1, 8, 15, 22, 29; Mar. 7

Time: Mondays 7:30 - 8:30 PM; Wednesdays 7:30 - 8:30 PM

Dates: Second Session (8 classes)

### **Mondays & Wednesdays**

Mon. Mar. 19, 26; April 2, 9; Wed. Mar. 21, 28; April 4, 11

Time: 6:00 - 7:00 PM

Location: Colby High School Pool

Fee: \$40.00 for BOTH 1st & 2nd Sessions

\$32.00 for First Session, \$16.00 for Second Session

Registration Deadline: January 11 for 1st Session  
March 14 for 2nd Session

Instructor: Ms. Monica Tesmer

## Parent/Tot Swim

Enjoy time with your toddler in the relaxation of the pool. Instructor will work to get child acquainted to the water.

Dates: Mon., Jan. 16, 23, 30; Feb. 6, 13, 20, 27; Mar. 5

Time: 5:00 - 5:30 PM

Location: Colby High School Pool

Fee: \$25.00 for all 8 lessons

Registration Deadline: January 11

Instructor: Ms. Monica Tesmer

## Swimming Lessons

This program is designed for young children with limited swimming ability who are at least 42 inches tall. Children will be placed together according to ability. Lessons will be limited to 20 students per session. Registration will be on a first come, first serve basis. The Colby pool staff is fully certified with CPR, First Aid, Lifeguard Training, and as Water Safety Instructors or Assistants. Students will be tested on the first day of lessons and placed in their appropriate levels.

Dates: Mon., Jan. 16, 23, 30; Feb. 6, 13, 20, 27; Mar. 5

Time: 5:45 - 6:30 PM

Fee: \$30.00 for all 8 lessons (\$20.00 for 2nd, 3rd, 4th child)

Dates: Wed., Jan. 18, 25; Feb. 1, 8, 15, 22, 29; Mar. 7

Time: 5:30 - 6:15 PM or 6:30 - 7:15 PM

Location: Colby High School Pool

Fee: \$30.00 for all 8 lessons (\$20.00 for 2nd, 3rd, 4th child)

Registration Deadline: January 11 (Limit 20 students per session)

Instructor: Ms. Monica Tesmer

## Open Swim

Take a night off to relax with the family and enjoy a good "float". Bring your flotation devices and enjoy time splashing with the family. Children MUST be accompanied by an adult/parent in the water.

**PRE-REGISTRATION IS REQUIRED.**

Dates: Mon., Jan. 16, 23, 30; Feb. 6, 13, 20, 27; Mar. 5

Time: 6:30 - 7:30 PM

Location: Colby High School Pool

Fee: \$10.00 Single Pass (Preschool and under FREE)  
\$20.00 Family Pass (all 8 sessions)

Registration Deadline: January 11

*Open swim will be cancelled if low registration.*

## Lap Swim

**PRE-REGISTRATION IS REQUIRED**

Dates: **Tuesdays & Thursdays**

Jan. 17, 24, 31; Feb. 7, 14, 21, 28; Mar. 6, 13, 20, 27

Jan. 19, 26; Feb. 2, 9, 16, 23; Mar. 1, 8, 15, 22, 29

Time: 6:00 - 7:15 AM

Location: Colby High School Pool

Fee: \$25.00 per person

Registration Deadline: January 11

## Ceramics & Sculpture

This class will focus on techniques of working with clay including hand-building methods and the potter's wheel. It will also focus on building skills from very basic projects progressing to very advanced skills and projects. Includes supplies for three clay projects.

Dates: Wednesdays, Jan. 25; Feb. 1, 8, 15, 22, 29

Time: 6:00 - 8:30 PM

Location: Colby High School Art Room

Fee: \$30.00 (Maximum of 15 Enrollees)

Registration Deadline: January 18

Instructor: Mr. Jon Kleinschmidt, Art Instructor

## Feng Shui 102: Gardening In Tune With Nature's Energies

Apply feng shui concepts to bring serenity to your garden and connect with the energy of your outdoor spaces.

Date: Saturday, March 17

Time: 9:00 - 11:30 AM

Location: Colby Elementary School Library

Fee: \$20.00 (Maximum of 20 Enrollees)

Registration Deadline: March 2

Instructor: Ms. Candy Huebner,

Certified Practitioner of Interior Alignment™

## ***Space Clearing 101: A Breath of Fresh Air for Your Home***

Learn how to purify your home to dispel listless, sluggish energy and restore balance and vibrancy. A variety of space clearing techniques will be demonstrated and participants will have opportunities to try various space clearing methods.

Date: Saturday, February 4

Time: 9:00 - 11:30 AM

Location: Colby Elementary School Library

Fee: \$20.00 (Maximum of 12 Enrollees)

Registration Deadline: January 27

Instructor: Ms. Candy Huebner,  
Certified Practitioner of Interior Alignment™

*\*\* Candy Huebner is a Certified Practitioner of Interior Alignment™, certified through the International Institute of Interior Alignment. She also holds a master's degree in Communicative Disorders and has been working as a speech/language pathologist for over 25 years. Interior Alignment is a unique form of feng shui that blends ancient wisdom with indigenous traditions and western techniques to create spaces for contemporary living that better reflect and support our lives.*

## ***Technology Savvy for Adults-- Digital Files to Usable Products***

Students will explore how to use technology to create products using digital photos and videos. Some objects that will be made are mouse pads, puzzles, t-shirts, posters, videos, Powerpoints, vinyl signs, and Photoshop pictures. Students will be learning how to create these items with the help of the instructor and the web. Basic computer skills are required. Students should bring in about 10 photos the first night of class. Includes materials except t-shirts.

Dates: Tues., Feb. 21, 28; March 6, 13, 20, 27

Time: 6:00 - 9:00 PM

Location: Colby High School Room 215

Fee: \$30.00 (Maximum of 16 Enrollees)

Registration Deadline: February 15

Instructor: Mr. James Weideman, Tech Ed Instructor

## ***Beginning Computers & Windows***

This course is designed for those who have had little or no experience with a personal computer. Learn the basics of computer technology, mouse/ keyboard techniques, elements of a window, working with applications and starting/shutting down your computer.

Dates: Wednesdays, Feb. 22, 29

Time: 6:30 - 8:30 PM

Location: CHS Computer Lab, Room 302

Fee: \$15.00 (Maximum of 15 Enrollees)

Registration Deadline: February 15

Instructor: Traci Anderson,  
Business Education Instructor

## ***Exploring Internet & Email***

This course explains how to use the internet and email efficiently. Learn how to utilize search engines (such as Google, Yahoo, and Bing) and how to effectively search items on the internet. Discover all the functions and tools that email has to offer, including sending and receiving emails, managing an address book, view and send file attachments, and options for sending emails. The fundamentals of this class can be used in Microsoft Outlook Express, Yahoo Mail, Hotmail, and many more email servers.

Dates: Wednesdays, March 7, 14

Time: 6:30 - 8:30 PM

Location: CHS Computer Lab, Room 302

Fee: \$15.00 (Maximum of 15 Enrollees)

Registration Deadline: February 29

Instructor: Traci Anderson,  
Business Education Instructor

## ***English For Language Learners***

The class will be thematically based with a communicative approach. The students will be able to use new vocabulary and grammar in various contexts with specific concentration on the Colby-Abbotsford area.

Dates: **Mondays & Wednesdays**

Mon., March 5, 12, 19, 26

Wed., March 7, 14, 21, 28

Time: 5:00 - 6:30 PM

Location: Colby High School, Room 207

Fee: \$10.00

**Registration: You can register for this class by contacting Cody Meyers at 715-223-2338 ext. 134.**

## ***Ingles Para Aprendices de Idiomas***

La clase se basará temáticamente con un enfoque comunicativo. Al final del curso, los estudiantes podrán usar nuevo vocabulario y gramática en varios contextos con una concentración específica al lugar de Colby-Abbotsford.

Los Días: **Los Lunes y Miércoles**

El plazo: 5 de Marzo - 28 de Marzo

Las horas: 5:00 - 6:30 PM

Lugar: Escuela Superior de Colby en el cuarto # 207

Cuota de matrícula: \$10.00

**Inscripción: Se puede inscribir para la clase contactando a Cody Meyers al 715-223-2338 ext. 134.**

## ***Walk for your life!***

Interested in staying fit? The Colby High School and Middle School are available for people interested in walking in a climate-controlled environment. The schools are available for walking every day school is in session.

Hours: 6:30 - 7:45 AM 3:45 - 5:30 PM

## ***Knitting for Beginners (Grades 4-8)***

Have fun while you learn the basics of two needle knitting. You will make a headband, bracelet and scarf while learning the knit and purl stitch, starting and ending projects, stitching the seams, and regulating tension.

Dates: Tuesdays, Feb. 28; March 6, 13, 20, 27; April 3

Time: 3:30 – 5:00 PM

Location: Colby Elementary Library

Materials to Bring to First Class ✦

Fee: \$25.00 (Maximum of 8 Enrollees)

Registration Deadline: February 17

Instructor: Ms. Karen Thell

## ***Knitting For Beginners (Grades 9-Adult)***

Have fun while you learn the basics of two needle knitting. You will learn the following stitches: stockinette, garter, seed and ribbing, starting and ending projects, and regulating tension. Once the stitches are mastered, you will design and knit a scarf or dishcloths.

Dates: Tuesdays, Feb. 28; March 6, 13, 20, 27; April 3

Time: 6:00 - 7:30 PM

Location: Colby Elementary Library

Materials to bring to first class ✦

Fee: \$25.00 (Maximum of 10 Enrollees)

Registration Deadline: February 17

Instructor: Ms. Karen Thell

## ***Knitting Next (Two Needle Knitting) (Grades 4-8)***

If you know how to knit the basic stitches (learning in Beginning Knitting), you can join us in learning how to read and follow a pattern, increase and decrease stitches, and learn some new stitches.

In this class you will choose a cap or hat to make.

Dates: Tuesdays, April 17, 24; May 1, 8, 15, 22

Time: 3:30 - 5:00 PM

Location: Colby Elementary Library

Materials to bring to first class ✦

Fee: \$25.00 (Maximum of 8 Enrollees)

Registration Deadline: April 6

Instructor: Ms. Karen Thell

## ***Knitting Next (Two Needle Knitting) (Grades 9-Adult)***

If you know how to knit the basic stitches (learning in Beginning Knitting), you can join us in learning how to read and follow a pattern, increase and decrease stitches, and learn some new stitches.

In this class you will choose what items you would like to knit.

Dates: Tuesdays, April 17, 24; May 1, 8, 15, 22

Time: 6:00 - 7:30 PM

Location: Colby Elementary Library

Materials to bring to first class ✦

Fee: \$25.00 (Maximum of 8 Enrollees)

Registration Deadline: April 6

Instructor: Ms. Karen Thell

- ✦ 1 pair of straight knitting needles in size 7, 8, 9, or 10
- 1 skein of yarn – worsted weight (medium, 4)
- 1 pair of knitting needle point protectors
- A scissors and a ruler
- Additional materials needed for later will be discussed when you choose the kind of project you wish to make.

## ***American Red Cross Babysitting Training***

The Red Cross Babysitter's Training Course gives area young people the safety skills and confidence to be great babysitters. Each year, the Red Cross trains and certifies more than 121,000 sitters nationwide. Certified babysitters learn leadership skills, basic care, accident prevention techniques, and first aid procedures that can save a child's life. The course is recommended for youth 11-15 years of age. Upon successful completion of the course, each participant will earn their American Red Cross Babysitting Certificate and pin. Participant is encouraged to bring a sack lunch and beverage.

Date: Saturday, March 24

Time: 9:00 AM - 4:00 PM

Location: Colby Middle School Library

Fee: \$45.00 (Maximum of 12 students)

Registration Deadline: March 9

Instructor: Red Cross Certified Instructor

## ***Social Networking 101***

This course is designed to teach how to use the new tools in social media with a focus on best and efficient use. Learn how to set up an account on Facebook or how to use a pre-existing account. Discover the do's and don'ts of Facebook, how to set and use your privacy settings, manage friends, and how to upload pictures. Take this opportunity to see what social networking and Facebook is all about.

Date: Wednesday, April 11

Time: 6:00 - 8:30 PM

Location: CHS Computer Lab, Room 302

Fee: \$10.00 (Maximum of 15 Enrollees)

Registration Deadline: April 4

Instructor: Traci Anderson,  
Business Education Instructor

## ***Senior Tax Exchange Program (STEP)***

The Colby School District has offered a Senior Tax Exchange Program (STEP) since 1997. Senior citizens are given the opportunity to work in the District and apply their earnings toward payment of school property taxes. To qualify you must be 62 years of age or older, receive Social Security and have taxable property within the Colby School District. The STEP worker is compensated at \$7.25 per hour with a maximum of 66 hours per household per calendar year. The compensation is distributed bi-annually in the form of a two party check made out to the worker and the appropriate treasurer.

Examples of jobs are: reading with a child, grounds-keeping, shelving books, assisting with computers, clerical work, tutoring, preparing bulletin boards, construction projects, etc.

For more information please contact Julie Johnson, STEP Coordinator, at 715-223-3632.

SCHOOL DISTRICT OF COLBY  
P.O. Box 139  
Colby, WI 54421

NON-PROFIT  
ORGANIZATION  
U.S. POSTAGE  
PAID  
COLBY, WI 54421  
Permit No. 6

ECRWSS  
Carrier Pre-sort  
Box Holder

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**Catalog and enrollment form available on website – [www.colby.k12.wi.us](http://www.colby.k12.wi.us)**

***Classes taught in English – no translation available.***

***Reminder that children are not allowed to be brought along to classes.***

Payment MUST accompany this registration form and be paid in full. Cash or checks will be accepted. Please deliver or mail this registration form to:

Colby Community Education  
CDEC  
505 West Spence Street  
PO Box 139  
Colby, WI 54421

For further information about classes or schedules, please contact Kristen Seifert at the Colby District Education Center, 715-223-2301, ext. 2 or email at [kseifert@colby.k12.wi.us](mailto:kseifert@colby.k12.wi.us).

***Anyone interested in teaching a Community Education class please call or email Kristen Seifert at 715-223-2301, ext. 2 or [kseifert@colby.k12.wi.us](mailto:kseifert@colby.k12.wi.us). Examples: photography, guitar playing, Spanish, sign language, cooking, cake decorating, gardening, woodworking, dancing, yoga, etc.***

***CONFIRMATION:*** Due to time and expense, **we do not confirm classes going.** Assume your registration is confirmed and the class will meet as scheduled if you have submitted your registration form and fees. You **WILL** be notified if a class is filled or cancelled.

***PRE-REGISTRATION:*** Pre-registration is most important. **Lack of registrations will cause the class to be cancelled one week prior to the beginning. This also pertains to all pool activities.**

***CANCELLATIONS:*** No class will be conducted without sufficient registrations. When maximum capacity has been reached for any class, registration for the class will be closed.

***WEATHER CANCELLATIONS:*** If school is cancelled due to bad weather, all buildings will be closed that same evening. If school is in session, generally evening programs will run. Please tune to 99.3 FM for all Community Education cancellations.

***REFUND POLICY:*** If after pre-registering, it is necessary for you to cancel, notify Kristen Seifert no less than three days before the beginning of class, and your fee will be refunded in full.

# COLBY COMMUNITY EDUCATION - REGISTRATION FORM

Name: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Payment MUST accompany this registration form and be paid in full before beginning of class.

## CLASSES:

Class \_\_\_\_\_ Cost \_\_\_\_\_

Student Name: \_\_\_\_\_ Date/Time \_\_\_\_\_

Class \_\_\_\_\_ Cost \_\_\_\_\_

Student Name: \_\_\_\_\_ Date/Time \_\_\_\_\_

Class \_\_\_\_\_ Cost \_\_\_\_\_

Student Name: \_\_\_\_\_ Date/Time \_\_\_\_\_

Class \_\_\_\_\_ Cost \_\_\_\_\_

Student Name: \_\_\_\_\_ Date/Time \_\_\_\_\_

***Classes taught in English – no translation available.  
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