

Community Education

Colby School District

Fall 2011

Water Aerobics

An excellent opportunity for individuals to stretch, tone the muscles and improve the body's aerobic system! Water creates resistance which makes you work hard, yet supports the body preventing those aches and pains from exercising on dry land. No swimming skill is required. You do not need to get your face or hair wet.

Dates: Wed., Sept. 14, 21, 28; Oct. 5, 12, 19, 26; Nov. 2

Time: 7:30 - 8:30 PM

Fee: \$25.00 for 8 Classes

Location: Colby High School Pool

Registration Deadline: September 12

Instructor: Ms. Monica Tesmer

Swimming Lessons

This program is designed for young children with limited swimming ability who are at least 42 inches tall. Children will be placed together according to ability. Lessons will be limited to 20 students per session. Registration will be on a first come, first serve basis. The Colby pool staff is fully certified with CPR, First Aid, Lifeguard Training, and as Water Safety Instructors or Assistants. Students will be tested on the first day of lessons and placed in their appropriate levels.

Dates: Wed., Sept. 14, 21, 28; Oct. 5, 12, 19, 26; Nov. 2

Time: 5:45 - 6:30 PM, 6:45 - 7:30 PM

Fee: \$30.00 for 8 lessons

Location: Colby High School Pool

Registration Deadline: Sept. 12 (Limit 25 students)

Instructor: Ms. Monica Tesmer

Technology Savvy for Adults -- Digital Files to Usable Products

Students will explore how to use technology to create products using digital photos and videos. Some objects that will be made are mouse pads, puzzles, t-shirts, posters, videos, Powerpoints, vinyl signs, and Photoshop pictures. Students will be learning how to create these items with the help of the instructor and the web. Basic computer skills are required. Students should bring in about 10 photos the first night of class. Includes materials except t-shirts.

Dates: Wednesdays, Oct. 5, 12, 19, 26; Nov. 2, 9

Time: 6:00 - 9:00 PM

Fee: \$55.00 (Maximum of 16 students)

Location: Colby High School Room 215

Registration Deadline: September 28

Instructor: Mr. James Weideman, Tech Ed Instructor

Painting

This class will concentrate on techniques of painting using acrylics and combinations of paints. Supplies included in class fee.

Dates: Thursdays, Oct. 5, 12, 19, 26; Nov. 2 and 9

Time: 6:00 - 8:30 PM

Fee: \$40.00 (Maximum of 15 students)

Location: Colby High School Art Room

Registration Deadline: September 30

Instructor: Mr. Jon Kleinschmidt, Art Instructor

Becoming A Love and Logic Parent®

A parent training program designed by the Love and Logic® Institute, Inc.

Would you like to feel more confident as a parent? Would you like to have more fun parenting? Would you like to feel more relaxed at the end of the day? This program in parenting will address these questions and many other day-to-day frustrations. The Becoming a Love and Logic Parent program is designed to give you practical, easy-to-use techniques that can be used immediately to help you raise responsible children.

Dates: Tuesdays, Oct. 4, 11, 18, 25

Location: Colby Elementary, Room 116

Time: 6:30 - 8:00 PM

Registration Deadline: Sept. 22 (Max. 10 Students)

Fee: \$15.00

Facilitator: Ms. Donna Schmidt

Scrapbook Get Together

Learn the basics of album making through four simple steps: selecting, mounting, journaling and enhancing. Class fee includes information and ideas, use of supplies and a completed Short Story™ Card using the photos you bring with you. The Short Story™ Card is the starting point of an album full of wonderful memories.

Date: Wednesday, November 9

Location: Colby District Education Center

Time: 7:00 - 9:00 PM

Registration Deadline: October 28

Supplies Needed: 3-6 Photos

Instructor: Ms. Danielle Carr

Fee: \$10.00

Senior Tax Exchange Program (STEP)

The Colby School District has offered a Senior Tax Exchange Program (STEP) since 1997. Senior citizens are given the opportunity to work in the District and apply their earnings toward payment of school property taxes. To qualify you must be 62 years of age or older, receive Social Security and have taxable property within the Colby School District. The STEP worker is compensated at \$7.25 per hour with a maximum of 66 hours per household per calendar year. The compensation is distributed bi-annually in the form of a two party check made out to the worker and the appropriate treasurer.

Examples of jobs are: reading with a child, groundskeeping, shelving books, assisting with computers, clerical work, tutoring, preparing bulletin boards, construction projects, etc.

For more information please contact Julie Johnson, STEP Coordinator, at 715-223-3632.

Walk for your life!

Interested in staying fit? The Colby High School and Middle School are available for people interested in walking in a climate-controlled environment. The schools are available for walking every day school is in session.

Hours: 6:30 - 7:45 a.m. 3:45 - 5:30 p.m.

Feng Shui 101: Connect With Your Home

A house shelters you from the elements. A home shelters your spirit. The art of feng shui helps you personally connect with the currents of energy (chi') in the spaces you inhabit. Use feng shui techniques to set your intentions and achieve your goals, when you want balance in your life or when you want to create a peaceful retreat.

1st session: Feng shui basics – chi', color, 5 elements, bagua (energy map), yin/yang.

2nd session: Focus on the bagua. Bring your floor plan (can be hand drawn) and get personalized advice on how to connect with your home.

Candy Huebner is a Certified Practitioner of Interior Alignment™, certified through the International Institute of Interior Alignment. She also holds a master's degree in Communicative Disorders and has been working as a speech/language pathologist for over 25 years. Interior Alignment is a unique form of feng shui that blends ancient wisdom with indigenous traditions and western techniques to create spaces for contemporary living that better reflect and support our lives.

Dates: Saturdays, November 5 and 12

Location: Colby Elementary School Library

Time: 9:00 - 11:00 AM

Registration Deadline: October 26

Fee: \$20.00 (Maximum of 12 People)

Instructor: Ms. Candy Huebner, Certified Practitioner of Interior Alignment™

COLBY COMMUNITY EDUCATION - REGISTRATION FORM

Name: _____ E-Mail Address: _____

Address: _____ City/State/Zip: _____

Home Phone: _____ Work Phone: _____

Payment MUST accompany this registration form and be paid in full before beginning of class.

CLASSES:

Class _____ Cost _____

Student Name: _____

Date/Time _____

Class _____ Cost _____

Student Name: _____

Date/Time _____

SCHOOL DISTRICT OF COLBY
P.O. Box 139
Colby, WI 54421

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
COLBY, WI 54421
Permit No. 6

ECRWSS
Carrier Pre-sort
Box Holder

Catalog and enrollment form available on website – www.colby.k12.wi.us

***Classes taught in English – no translation available.
Reminder that children are not allowed to be brought along to classes.***

Payment MUST accompany this registration form and be paid in full. Cash or checks will be accepted. Please deliver or mail this registration form to:

Colby Community Education
CDEC
505 West Spence Street
PO Box 139
Colby, WI 54421

For further information about classes or schedules, please contact Kristen Seifert at the Colby District Education Center, 715-223-2301, ext. 2 or email at kseifert@colby.k12.wi.us.

CONFIRMATION: *Due to time and expense, **we do not confirm classes.** Assume your registration is confirmed and the class will meet as scheduled if you have submitted your registration form and fees. You **WILL** be notified if a class is filled or cancelled.*

PRE-REGISTRATION: ***Pre-registration is most important. Lack of registrations will cause the class to be cancelled. This also pertains to all pool activities.***

CANCELLATIONS: *No class will be conducted without sufficient registrations. When maximum capacity has been reached for any class, registration for the class will be closed.*

WEATHER CANCELLATIONS: *If school is cancelled due to bad weather, all buildings will be closed that same evening. If school is in session, generally evening programs will run. Please tune to 99.3 FM for all Community Education cancellations.*

REFUND POLICY: *If after pre-registering, it is necessary for you to cancel, notify Kristen Seifert no less than three days before the beginning of class, and your fee will be refunded in full.*