GUIDELINES FOR A PEANUT/NUT-FREE CLASSROOM

- 1. All food eaten in a peanut/nut free classroom should not contain peanut or nuts, or prepared in an environment where peanuts or nuts are present.
- 2. The classroom teacher will send a letter home to all parents in the classroom explaining the rules of a peanut/nut free classroom before the start of school as well as reminder letters at various times of the year when treats are likely to be brought to school such as: holidays, Halloween, Valentine's Day, classroom parties, field trips.
- 3. Any food brought in the classroom must have a complete ingredient label, or it will not be served to any students in the classroom. Home baked foods will not be allowed due to the potential for cross contamination.
- 4. Daily snacks: Parents will provide labeled snacks for all students to share once a week or at the teacher's request. Parents of a student with peanut/nut allergy may provide and maintain a list of safe snacks and will check the classroom snack labels once a week and mark OK on the package if it does not contain peanut/nut products. The list of safe snacks provided by the parents of the peanut/nut allergic student will be shared with the parents of students in the classroom.
- 5. Unplanned, special occasion snacks are discouraged. If this happens, the food must have an ingredient label, must not be home-baked, or bakery bought and the label must be checked and OK'd by the school nurse or parent of a student with the peanut/nut allergy. The teacher or school nurse may choose to contact the parent of the peanut/nut allergic child and read the ingredients label. If this is not possible then the food will not be served to any students.
- 6. Bird and animal food is also not allowed in the classroom as it may contain peanut/nut products.
- 7. Lessons/projects should be planned and modified so that peanut/nut products are not a part of the project. This includes foods that may contain peanut/nut such as plain M&Ms.
- 8. A Peanut/Nut Free classroom poster should be posted in the classroom (preferably near the entrance) and should include a list of these guidelines.
- 9. Students in this classroom should wash their hands with soap and water upon thre return from lunch/lunch recess. This will be made part of the daily routine.